

"Healthy School Lunch Menu" Since 1999 Culinary Creations by Beth Love in Every Bite!

First Name: _____ Last Name: _____ Grade _____ Phone# _____

ORDER SHEETS MUST BE FILLED OUT THIS IS OUR RECEIPT Email or Deliver to school: **"MAIN OFFICE LUNCH BOX"**

*Please text cancellations by 8:00 Beth 928-821-1665

*Info & Questions: Email: bestfoodinaz@msn.com

***Wholesale Cost:** Lunch Menu per day \$5.00 **Special Dietary Lunch per day: \$6.00**

Please clear any dietary requests with Beth.

Price Includes: All Natural, Organic & GMO Free Fruits, Veggies & Menu Ingredients. Hormone Free Beef, Poultry & Dairy, All Paper goods needed for buffet lunch includes: plates, napkins, utensils, sterno, parchment paper & tin foil Donated by Beth & Hector: 32+hrs per week Includes: Shopping for menu, Preparation of food, Setting up & Serving Lunch, Breaking Down Buffet, Washing of all items needed to prepare meals, pickup orders & preparing lunch tickets.

Please Circle Days

Please Write Total Amount On Line Below

August

M 8/21 "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices _____

T 8/22 Breakfast for Lunch Pancakes, Sausage & Fruit _____

W 8/23 French Bread Pizza w/ veggies or salad, ranch & seasonal fruit _____

Th 8/24 Crispy Chicken Tenders & Potatoes with veggies & fruit _____

F 8/25 Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices _____

M 8/28 "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices _____

T 8/29 Breakfast for Lunch Eggs, Hash Browns & Fruit Salad _____

W 8/30 Personal Pizza w/ veggies or salad, ranch & seasonal fruit _____

Th 8/31 Crispy Chicken Tenders & Potatoes with veggies & fruit _____

September

F 9/1 Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices _____

M 9/4: No Lunch

T 9/5: Sandwich Day Please Choose One or one will be chosen for you. Tuna or Egg salad, Turkey or Veggie _____

W 9/6: No Lunch

Th 9/7: Crispy Chicken Tenders & Potatoes with veggies & fruit _____

F 9/8: Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices _____

M 9/11: "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices _____

T 9/12: Breakfast for Lunch Pancakes, Sausage & Fruit _____

W 9/13: Personal Pizza, Veggies & Fruit _____

Th 9/14: Kosher Hot Dogs with all the fixings, chips & watermelon Please add \$1.00 for extra hot dog _____

F 9/15: Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices _____

M 9/18: "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices _____

T 9/19: Sandwich Day Please Choose One or one will be chosen for you. Tuna or Egg salad, Turkey or Veggie _____

W 9/20: French Bread Pizza w/ veggies or salad, ranch & seasonal fruit _____

TH 9/21: Crispy Chicken Tenders & Potatoes with veggies & fruit _____

F 9/22: Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices _____

- M 9/25: "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices _____
- T 9/26: Breakfast for Lunch Eggs, Hash Browns & Fruit Salad _____
- W 9/27: Personal Pizza, Veggies & Fruit _____
- Th 9/28: Crispy Chicken Tenders & Potatoes with veggies & fruit _____
- F 9/29: Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices _____

October

- M 10/2: "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices _____
- T 10/3: Breakfast for Lunch Pancakes, Sausage & Fruit _____
- W 10/4: French Bread Pizza w/ veggies or salad, ranch & seasonal fruit _____
- Th 10/5: Sandwich Day Please Choose One or one will be chosen for you. Tuna or Egg salad, Turkey or Veggie _____
- F 10/6: No Lunch
- M 10/9: No Lunch
- T 10/10: "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices _____
- W 10/11: Personal Pizza, Veggies & Fruit _____
- Th 10/12: Crispy Chicken Tenders & Potatoes with veggies & fruit _____
- F 10/13: Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices _____
- M 10/16: "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices _____
- T 10/17: Breakfast for Lunch Eggs, Hash Browns & Fruit Salad _____
- W 10/18: French Bread Pizza w/ veggies or salad, ranch & seasonal fruit _____
- Th 10/19: Sandwich Day Please Choose One or one will be chosen for you. Tuna or Egg salad, Turkey or Veggie _____
- F 10/20: Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices _____
- M 10/23: "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices _____
- T 10/24: Breakfast for Lunch Pancakes, Sausage & Fruit _____
- W 10/25: Personal Pizza, Veggies & Fruit _____
- Th 10/26: Crispy Chicken Tenders & Potatoes with veggies & fruit _____
- F 10/27: Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices _____
- M 10/30: "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices _____
- T 10/31: French Bread Pizza w/ veggies or salad, ranch & seasonal fruit _____

November

- W 11/1: No Lunch
 - Th 11/2: Crispy Chicken Tenders & Potatoes with veggies & fruit _____
 - F 11/3: Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices _____
- # of \$1.00 Drinks: Juice, Sparkling Juice, Milk _____ Drinks _____

Menu Total: _____

Culinary Creations by Beth 1945 Hills Drive Sedona, AZ 86336 Important: No refunds. Only Exceptions: Call 48 hours in advance for field trips or 24 hr. in advance for sickness. Menu is subject to change at any time due to budget, popularity or availability. Thanks from our family, "Hector, Beth & Mia Orosa" for participating in our program!

Love in every bite!