

"Healthy School Lunch Menu" Since 1999 Culinary Creations by Beth Love in Every Bite!

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Grade \_\_\_\_\_ Phone# \_\_\_\_\_

**ORDER SHEETS MUST BE FILLED OUT THIS IS OUR RECEIPT** Email or Deliver to school: **"MAIN OFFICE LUNCH BOX"**

\*Please text cancellations by 8:00 Beth 928-821-1665

\*Info & Questions: Email: [bestfoodinaz@msn.com](mailto:bestfoodinaz@msn.com)

\***Wholesale Cost:** Lunch Menu per day \$5.00 **Special Dietary Lunch per day: \$6.00**

Please clear any dietary requests with Beth.

Price Includes: All Natural, Organic & GMO Free Fruits, Veggies & Menu Ingredients. Hormone Free Beef, Poultry & Dairy, All Paper goods needed for buffet lunch includes: plates, napkins, utensils, sterno, parchment paper & tin foil Donated by Beth & Hector: 32+hrs per week Includes: Shopping for menu, Preparation of food, Setting up & Serving Lunch, Breaking Down Buffet, Washing of all items needed to prepare meals, pickup orders & preparing lunch tickets.

**Please Circle Days**

**Please Write Total Amount On Line Below**

**November**

M 11/6 "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices \_\_\_\_\_

T 11/7 Breakfast for Lunch Pancakes, Sausage & Fruit \_\_\_\_\_

W 11/8 French Bread Pizza w/ veggies or salad, ranch & seasonal fruit \_\_\_\_\_

Th 11/9 Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices \_\_\_\_\_

F No School Veteran's Day

M 11/13 "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices \_\_\_\_\_

T 11/14 Chicken Noodle Soup & Fruit \_\_\_\_\_

W 11/15 French Bread Pizza w/ veggies or salad, ranch & seasonal fruit \_\_\_\_\_

Th 11/16 Sloppy Joes with veggies & fruit \_\_\_\_\_

F 11/17 Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices \_\_\_\_\_

No School 11/20-11/24 "Fall Break Gobble Gobble"

M 11/27: Meatless Tuesday! Spaghetti (Hectors Red Sauce), Veggies & Seasonal Fruit \_\_\_\_\_

T 11/28: Chicken Noodle Soup with Fruit \_\_\_\_\_

W 11/29 French Bread Pizza w/ veggies or salad, ranch & seasonal fruit \_\_\_\_\_

Th 11/30: Sloppy Joes with veggies & fruit \_\_\_\_\_

**December**

F 12/1: Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices \_\_\_\_\_

M 12/4: "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices \_\_\_\_\_

T 12/5: Chicken Noodle Soup & Fruit \_\_\_\_\_

W 12/6: No Lunch Early Release

Th 12/7: French Bread Pizza w/ veggies or salad, ranch & seasonal fruit \_\_\_\_\_

F 12/8: Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices \_\_\_\_\_

M 12/11: "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices \_\_\_\_\_

T 12/12: Chicken Noodle & Fruit \_\_\_\_\_

W 12/13: French Bread Pizza w/ veggies or salad, ranch & seasonal fruit \_\_\_\_\_

TH 12/14: Sloppy Joes with veggies & fruit \_\_\_\_\_  
F 12/15: Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices \_\_\_\_\_  
M 12/18: "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices \_\_\_\_\_  
T 12/19 Chicken Noodle Soup & Fruit \_\_\_\_\_

**Winter Break!!!!!! Be Safe!!!!!! Have Fun!!!!**

Healthy Drinks \$1.00 \_\_\_\_\_ Drink Total: \_\_\_\_\_

Menu Total: \_\_\_\_\_

**Culinary Creations by Beth 1945 Hills Drive Sedona, AZ 86336 Important: No refunds. Only Exceptions: Call 48 hours in advance for field trips or 24 hr. in advance for sickness. Menu is subject to change at any time due to budget, popularity or availability. Thanks from our family, "Hector, Beth & Mia Orosa" for participating in our program!**

**Love in every bite!**