

“Healthy School Lunch Menu” Since 1999 Culinary Creations by Beth Love in Every Bite!

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Grade \_\_\_\_\_ Phone# \_\_\_\_\_

**ORDER SHEETS MUST BE FILLED OUT THIS IS OUR RECEIPT** Email or Deliver to school: **“MAIN OFFICE LUNCH BOX”**

\*Please text cancellations by 8:00 Beth 928-821-1665

\*Info & Questions: Email: [bestfoodinaz@msn.com](mailto:bestfoodinaz@msn.com)

\***Wholesale Cost:** Lunch Menu per day \$5.00 **Special Dietary Lunch per day: \$6.00**

Please don't submit an order without having any dietary requests cleared with Beth.

Price Includes: All Natural, Organic & GMO Free Fruits, Veggies & Menu Ingredients. Hormone Free Beef, Poultry & Dairy, All Paper goods needed for buffet lunch includes: plates, napkins, utensils, sterno, parchment paper & tin foil Donated by Beth & Hector:32+hrs per week Includes: Shopping for menu, Preparation of food, Setting up & Serving Lunch, Breaking Down Buffet, Washing of all items needed to prepare meals, pickup orders & preparing lunch tickets.

**Please Circle Days**

**Please Write Total Amount On Line Below**

**January/February/March**

W 1/3: “Meatless Monday” Spaghetti (Hector’s Red Sauce), salad, ranch & seasonal fruit slices \_\_\_\_\_

Th 1/4: Breakfast for Lunch Pancakes, Sausage & Fruit \_\_\_\_\_

F 1/5: Hector’s “Taco/Burrito/Salad”: Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices \_\_\_\_\_

M 1/8: “Meatless Monday” Spaghetti (Hector’s Red Sauce), salad, ranch & seasonal fruit slices \_\_\_\_\_

T 1/9: Thai Fried Rice with veggies, eggs, chicken or tofu & seasonal fruit \_\_\_\_\_

W 1/10: Early Dismissal No Lunch

Th 1/11: French Bread Pizza w/ veggies or salad, ranch & seasonal fruit \_\_\_\_\_

F 1/12: Hector’s “Taco/Burrito/Salad”: Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices \_\_\_\_\_

M 1/15: No School

T 1/16: Thai Fried Rice with veggies, eggs, chicken or tofu & seasonal fruit \_\_\_\_\_

W 1/17: French Bread Pizza w/ veggies or salad, ranch & seasonal fruit \_\_\_\_\_

Th 1/18: Beth’s Mac & Cheese with Broccoli & seasonal fruit \_\_\_\_\_

F 1/19: Hector’s “Taco/Burrito/Salad”: Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices \_\_\_\_\_

M 1/22: “Meatless Monday” Spaghetti (Hector’s Red Sauce), salad, ranch & seasonal fruit slices \_\_\_\_\_

T 1/23: Chicken, Rice & Veggies with fruit \_\_\_\_\_

W 1/24: French Bread Pizza w/ veggies or salad, ranch & seasonal fruit \_\_\_\_\_

Th 1/25: Cowboy Chili & Beans with corn chips & fruit \_\_\_\_\_

F 1/26: Hector’s “Taco/Burrito/Salad”: Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices \_\_\_\_\_

M 1/29: “Meatless Monday” Spaghetti (Hector’s Red Sauce), salad, ranch & seasonal fruit slices \_\_\_\_\_

T 1/30: Sloppy Joe’s veggies & fruit \_\_\_\_\_

W 1/31: French Bread Pizza w/ veggies or salad, ranch & seasonalfruit \_\_\_\_\_

TH 2/1: Beth’s Mac & Cheese, Broccoli & fruit \_\_\_\_\_

F 2/2: Hector’s “Taco/Burrito/Salad”: Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices \_\_\_\_\_

M 2/5: “Meatless Monday” Spaghetti (Hector’s Red Sauce), salad, ranch & seasonal fruit slices \_\_\_\_\_

T 2/6: Chicken, Rice & Veggies with fruit \_\_\_\_\_

W 2/7: Early Dismissal No lunch

TH 2/8: Cowboy Chili & Beans with corn chips & fruit \_\_\_\_\_

F 2/9: Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices \_\_\_\_\_

M 2/12: "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices \_\_\_\_\_

T 2/13: Thai Fried Rice with veggies, eggs, chicken or tofu & seasonal fruit \_\_\_\_\_

W 2/14: French Bread Pizza w/ veggies or salad, ranch & seasonal fruit \_\_\_\_\_

TH 2/15: Beth's Mac & Cheese with Broccoli & seasonal fruit \_\_\_\_\_

F 2/16: No School

M 2/19: No School

T 2/20: Sloppy Joe's veggies & fruit \_\_\_\_\_

W 2/21: French Bread Pizza w/ veggies or salad, ranch & seasonal fruit \_\_\_\_\_

Th 2/22: Beth's Mac & Cheese, Broccoli & fruit \_\_\_\_\_

F 2/23: Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices \_\_\_\_\_

M 2/26: "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices \_\_\_\_\_

T 2/27: Thai Fried Rice with veggies, eggs, chicken or tofu & seasonal fruit \_\_\_\_\_

W 2/28: French Bread Pizza w/ veggies or salad, ranch & seasonal fruit \_\_\_\_\_

Th 3/1: Beth's Mac & Cheese with Broccoli & seasonal fruit \_\_\_\_\_

F 3/2: Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices \_\_\_\_\_

M 3/5: "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices \_\_\_\_\_

T 3/6: Sloppy Joe's veggies & fruit \_\_\_\_\_

W 3/7: No Lunch

Th 3/8: Beth's Mac & Cheese with Broccoli & seasonal fruit \_\_\_\_\_

F 3/9: Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices \_\_\_\_\_

M 3/12: Spring Break

to

F 3/16: Spring Break

M 3/19: "Meatless Monday" Spaghetti (Hector's Red Sauce), salad, ranch & seasonal fruit slices \_\_\_\_\_

T 3/20: Sloppy Joe's veggies & fruit \_\_\_\_\_

W 3/21: French Bread Pizza w/ veggies or salad, ranch & seasonal fruit \_\_\_\_\_

Th 3/22: Cowboy Chili & Beans with corn chips & fruit \_\_\_\_\_

F 3/23: Hector's "Taco/Burrito/Salad": Rice, Black Beans, Turkey Taco, Cheese, Lettuce, Sour Cream & seasonal fruit slices \_\_\_\_\_

Healthy Drinks \$1.00 \_\_\_\_\_ Drink Total: \_\_\_\_\_

Menu Total: \_\_\_\_\_

Culinary Creations by Beth 1945 Hills Drive Sedona, AZ 86336 Important: No refunds. Only Exceptions: Call 48 hours in advance for field trips or 24 hr. in advance for sickness. Menu is subject to change at any time due to budget, popularity or availability. Thanks from our family, "Hector, Beth & Mia Orosa" for participating in our program!

Love in every bite!